

Long-Term Care FOUNDATIONS



Build Your Future in Healthcare

★ Free Job Training Designed for Speakers of Karen and Karenni Languages ★

The **Long-Term Care Foundations** program is 4 weeks long. Classes are in person at **The Urban Village** (1082 Arcade St, St Paul, MN 55106).

The program helps you get entry-level union jobs in care homes, assisted living facilities, and nursing homes.

You will learn basic job skills and practice hands-on skills. You will also get help during training to find a job and while on the job. Other partners include SEIU Healthcare Minnesota & Iowa, UFCW 1189, employers, and Saint Paul Public Schools ABE.

What You'll Get:

- Free training (if you qualify)
- Basic job skills
- Help with resume and interviews
- Help finding a job
- Support to succeed

This Program Was Made For:

- People who like helping others
- People who speak Karen or Karenni and want better English for work
- People who want a job soon and want to grow a career.



Potential Careers: Resident Aide, Caregiver, Dietary Aide, Housekeeper (Environmental Services), and Laundry Attendant. Plus, get more skills to advance!



Apply Today!

Limited spots. Sign up now.

Joan Riley

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www.mntrainingpartnership.org

Use your phone camera to scan this QR Code for more information:



| Cohort # | Enroll by: | Start Date: | End Date: |
|----------|-------------------|-----------------|------------------|
| 1 | May 11, 2026 | May 18, 2026 | June 12, 2026 |
| 2 | July 20, 2026 | July 27, 2026 | August 21, 2026 |
| 3 | December 21, 2026 | January 4, 2027 | January 29, 2027 |